For optimum safety and benefits, please read the entire manual carefully.

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Caution: Avoid infection when drawing a sample, do not use, if the sample site is infected. 
• Do not use a lancet that has been used by others. 
• Choose a new sterile lancet for each puncture. 
• Keep the lancet disposal device clean.

Note: Repeated puncturing at the same sample site may cause pain, and an alternate site should be selected. Choose a different site each time you test.

Preparing the Lancing Device

Step 1
Insert and remove the lanceting device tip Make sure the tip is properly seated in its housing. 

Step 2
Press the lancing device to the selected site with the tip facing up and down. Hold the device steady with gentle force to puncture the skin. Do not apply pressure. Do not use a tip that is not facing up.

Step 3
Once the lancet is inserted, carefully withdraw it from the device. The lancet will not retract. 

Note: The skin depth to get the blood samples will vary by several people. To get the best skin depth, try puncturing at 20-60 mg/dL (1.1-3.3 mmol/L) -0.3 to 3.4% 

Applying Blood Sample

Step 7
Obtain a blood sample using the lancet. Push the blood sampling port into the sample site. Do not move the lancet when it is in the sample site. 

Alternate Site Blood Sampling (fingertip, palms) 

Obtain a blood sample using the lancet. Push the blood sampling port into the sample site. Do not move the lancet when it is in the sample site. 

Applying Blood Sample

Step 7
Obtain a blood sample using the lancet. Push the blood sampling port into the sample site. Do not move the lancet when it is in the sample site. 

Note: The skin depth to get the blood samples will vary by several people. To get the best skin depth, try puncturing at 20-60 mg/dL (1.1-3.3 mmol/L) -0.3 to 3.4%.